

OAC Swimming & Diving Notes

Baldwin-Wallace: at Oberlin, Men: W 131-106, Women: W 129-102 ... vs. Wilmington, Men: W 134-57, Women: W 115-85

MEN: Against Wilmington, freshman **Sean Sonnenberg (Napoleon)** won the 1000 free (10:37.28) and the 200 IM (2:11.47). Freshman **Matt Laughlin (Centerville)** won the 100 fly (57.54) and 500 free (5:22.35). Juniors **D.J. Mosiniak (Toledo/St. Francis DeSales)** won the 50 free (21.80), **Luke Grilli (Londonderry, N.H.)** won the 200 free (1:50.45) and 100 back (57.95). Junior **Alex de la Pena (Elyria/Catholic)** won the 100 breaststroke (1:05.23) and 100 free (49.99). The men also won the 200-yard medley relay ... At Oberlin, Sonnenberg won the 200 free (1:48.80) and 500 free (4:48.81). Sophomore **Jake Saul (Napoleon)** won the 200 IM (2:13.97), Grilli won the 100 back (57.08), de la Pena won the 100 breaststroke (1:03.88) and Mosiniak won the 50 free (21.97). Grilli, de la Pena, Laughlin and Mosiniak combined to win the 200 medley relay (1:43.70) and Saul, **Mark Smith (Sandusky/ Perkins)**, Sonneberg and **Dave Fournier (Perrysburg/ Toledo/ St. John's)** won the 200-yard free relay (1:32.27).

WOMEN: Against Wilmington, senior **Emily Wood (Carrollton)** won the 200 freestyle (2:03.18) and the 500 free (5:37.19) events. Junior **Sara Gombash (Perrysburg/ Notre Dame)** won the 100 butterfly (1:02.02). Sophomores **Ambica Iyengar (Bangalore, India)** won the 1000 free (11:37.28) and the 200 IM (2:21.60) events and **Stephanie Markley (Mansfield)** won the 100 breaststroke (1:12.96). Freshman **Kate Ritchey (White Oak, PA/McKeesport)** won the 50 free (26.76) and the 100 free (57.90). Anders, junior **Stephanie Zurca (Aurora)**, Gombash, and Ritchey combined to win the 200 medley relay ... At Oberlin, junior diver **Katie Krzywicki (Brookpark)** won and established a personal record in the 1-meter dive (220.65 pts.) and won the 3-meter event (182.65 pts.).

John Carroll: vs. Mount Union, Men: W 127-112, Women: W 123-99

MEN: Freshmen **Matt Finney (Upper Arlington)** and **Patrick Hulseman (Chicago, IL/Loyola Academy)** accounted for five of the Blue Streaks' seven event wins. Finney won three races against Mount Union, as he placed first in the 200 free (1:54.00), the 200 fly (2:09.78) and the 500 Free (5:13.82). Hulseman swept the men's diving events by scoring 211.15 on the 1-meter board and 214.95 on the 3-meter plank.

WOMEN: Senior **Liz Morris (Alliance)** was one of many standouts for JCU on Friday evening, as she swam to wins in the 200 Free (2:05.19) and 500 Free (5:36.69). She also teamed up with **Andrea Kocavs (Aurora)**, **Kristen Kovach (Toledo/Notre Dame Academy)** and **Colleen Finn (Akron/Walsh Jesuit)**, to win the opening 400 Medley Relay (4:21.83). Also a double winner for the Blue Streak women was senior diver **Jackie Nowak (Avon Lake)**, who captured win on both the 1-meter (192.45 points) and 3-meter (186.60) boards.

Mount Union: at John Carroll, Men: L 127-112, Women: L 123-99

MEN: Individual winners included: **Jeremy Opacich (Brecksville/Brunswick Christ)** in the 1,000 free (10:44.45) and 200 back (2:12.41), **Donald Maclary (Virginia Beach, VA/Landstone)** in the 200 IM (2:06.94) and 100 free (50.59) and **Alex Darr (Port Clinton)** in the 200 breast (2:28.84). The 400 free relay team of **Mark Rogers (Malvern/Central Catholic)**, **Scott Pearson (San Ramon, CA)**, Opacich and **Tyler Tremelling (Delroy/GlenOak)** also won with a time of 3:27.68.

WOMEN: **Mary Buford (Clayton, CA/Carondele)** won the 200 IM (2:22.99) and 200 butterfly (2:23.20), **Erin Schwing (Greensburg, PA/Greensburg-Salem)** took the 100 free (57.09) and **Kelly Lammers (Westlake)** placed first in the 200 breast (2:47.90). The 400 free relay team of **Anne Marie Lascola (Wellsville)**, **Lisa Sanniti (Cleveland/St. Joseph Academy)**, **Nicole Tranchita (Chesterland/West Geauga)** and **Kristin Bellay (Alliance/Marlington)** won with a time of 4:07.87.

Ohio Northern: did not compete

MEN: - ONU is 2-0 overall and 2-0 in OAC action, for the first time in school history, after victories over Wilmington and John Carroll to start the season Oct. 28-29 ... ONU will return to action Friday, Nov. 11, when Ohio Wesleyan comes to the ONU Sports Center for a 6 pm meet. The Polar Bears will then compete in a dual meet with Olivet (Mich.) at Hillsdale (Mich.) at 1 pm ... ONU won the OAC Championship crown for the first time in school history a year ago.

WOMEN: ONU is 2-0 overall and 2-0 in OAC action, for the first time in school history, after victories over Wilmington and John Carroll to start the season Oct. 28-29 ... ONU will return to action Friday, Nov. 11, when Ohio Wesleyan comes to the ONU Sports Center for a 6 pm meet. The Polar Bears will then compete in a dual meet with Olivet (Mich.) at Hillsdale (Mich.) at 1 pm

Wilmington: at Baldwin-Wallace, Men: L 134-57, Women: L 115-85

MEN: Senior **John Ravestein (Dayton/Chaminade-Julienne)** placed third in the men's 1000 free (11:53.5). Ravestein also placed second in the men's 500 freestyle (5:35.66) ... In the men's 200 yard medley relay, junior **Bobby Shanesy (Troy)**, sophomore **Dustin McHugh (Cincinnati/Oak Hills)** and freshmen **Travis Goodspeed (Celina)** and **Chris Lamb (Wilmington/Clinton-Massie)** placed second (1:57.27) ... Shanesy, with a time of 2:20.37, placed third in the 200 individual medley ... McHugh was third in the 100 fly (59.48), while Goodspeed placed third in the 100 breaststroke (1:11.88).

WOMEN: In team events the Lady Quakers took second in the 200 yard medley relay with a time of 2:00.20 being swam by junior **Alisha Flatter (Acranum)** and freshmen **Kacie Otting (Minster)**, **Carolyn Shinsato (Batavia)** and **Rachelle Miller (Bowling Green)**. Also the team of freshmen **Rebekah Morrison (Alliance/Marlington)**, **Ashley Dillion (Cincinnati/Anderson)** and **Monica Collins (Kettering/Kettering Fairmont)** and junior **Dierdra Robinson (Wilmington/Wilmington)** placed second in the 200 freestyle relay with a time of 1:52.97. Individually the Lady Quakers were led by Flatter who won the 100 backstroke (1:56.26) and was second in the 50 freestyle (26.99). Shinsato placed second in the 100 fly (1:06.14) and **Kirsten Sundquist (Grove City)** won the 100 breaststroke (55.56).