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For Immediate Release

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Heidelberg Wrestlers Picked to Win OAC Dual Meet Season and Tournament Championship



Austintown, OH- The Heidelberg wrestling team was picked by the Ohio Athletic Conference (OAC) coaches to win both the OAC dual-meet season and the 2010 OAC Championship.

Heidelberg, who finished at the top of the standings during the dual-meet season and were the OAC Tournament champions, with a program-best six national qualifiers a year ago, received 36 points and six first-place votes in the dual-meet poll and 35 points with five first place votes in the championship poll.

Last season, the Berg posted a 9-3 dual record and a 6-0 Conference mark under the guidance of eighth-year head coach and the 2009 OAC Coach-of-the-Year, Jason Miller. "It is always an honor to be held in such high regard by your peers," said Head Coach Jason Miller. "Our goal of winning another conference championship will be more difficult than ever. Every program in the OAC has become stronger and more focused on the bulls-eye on our back. As always, it should be another competitive year of wrestling with in our Conference."

Leading the way for the Berg will be returning OAC champions and national qualifiers, junior **Matt Curley (Brecksville/Lakewood)** at 165 pounds and junior **Tony Lawler (West Jefferson)** at 133 pounds. Also returning is senior All-OAC honoree and OAC at-large national qualifier, **Zach Mizer (Canton/Perry)** at 157 pounds.

Curly, returns after finishing his sophomore campaign at 27-7 overall and 6-0 in the OAC. Mizer returns after a solid junior season, where he closed the year with a team-leading 32 victories to just 12 setbacks. Lawler battled at 133 pounds to post a 17-9 (5-0 OAC) overall record a year ago.

Below is a complete summary of how all seven OAC schools fared in the preseason polls.

2009-10 OAC Dual Meet Poll			2009-10 OAC Championships Poll		
Rank	School (1st Place Votes)	Points	Rank	School (1st Place Votes)	Points
1	Heidelberg (6)	36	1	Heidelberg (5)	35
2	Ohio Northern	28	2	Mount Union (2)	29
3	Mount Union (1)	27	3	Ohio Northern	27
4	John Carroll	23	4	John Carroll	23
5	Baldwin-Wallace	14	5	Baldwin-Wallace	15
6	Muskingum	13	6	Muskingum	12
7	Wilmington	6	7	Wilmington	6