

# Women's Indoor Track & Field

## 2009 WOMEN'S INDOOR TRACK & FIELD CHAMPIONSHIPS

HOST: CAPITAL UNIVERSITY

### 2009 Team Results

1. Ohio Northern	147.0	6. John Carroll	51.0
2. Otterbein	104.5	7. Heidelberg	47.0
3. Baldwin-Wallace	92.5	8. Wilmington	39.0
4. Marietta	91.0	9. Mount Union	34.0
5. Capital	84.0	10. Muskingum	11.0

### 2009 Individual Champions

Long Jump	Aubrey Loy, Mount Union	18-05.00
Pole Vault	Aubrie Stchschulte, Ohio Northern	11-06.25
Weight Throw	Courtney Zupancic, Ohio Northern	49-07.25
Triple Jump	Lizzy Stanton, Capital	37-01.00
High Jump	Tomika Brown, Heidelberg	5-03.75
Shot Put	Emily Goerig, Capital	42-03.50
4x200 Relay	Capital	1:47.39
One Mile Run	Rachel Smith, Ohio Northern	5:10.11
55-Meter Hurdles	Tomika Brown, Heidelberg	8.55
400-Meter Dash	Kwesi Seabrook, Capital	58.57
500-Meter Run	Joy Kessler, Ohio Northern	1:17.80
55-Meter Dash	Judy Bataille, Heidelberg	7.07
800-Meter Run	Jessi Larson, Marietta	2:24.47
1000-Meter Run	Kim Chinn, Baldwin-Wallace	3:04.94
300-Meter Dash	Callen Martin, Wilmington	41.66
5000 Meter Run	Regina Bresson, Ohio Northern	18:57.82
4x400 Relay	Marietta	4:03.49
3000-Meter Run	Ashley Scullion, Baldwin-Wallace	10:42.92
Distance Medley	Baldwin-Wallace	12:36.51

### OAC Championships Records

Event	Record	Record Holder, School	Year Set
Shot Put	46-03.50	Allyson Tobin, Otterbein	2008
Long Jump	18-5.50	Kenya Shipp, Mount Union	2002
	18-5.50	Laura Somoles, Mount Union	2002
High Jump	5-8.00	Emily Herring, Wilmington	2003
Triple Jump	39-09.75	Doreen Nagawa, Wilmington	2005
Pole Vault	12-04.50	Ashley Johnson, Wilmington	2007
55 Meters	7.07	Judy Bataille, Heidelberg	2009
300 Meters	40.85	Jessica Starks, Capital	2009
400 Meters	58.31	Jamie Depinet, Heidelberg	2007
500 Meters	1:17.69	Anna Yonker, Otterbein	2007
800 Meters	2:15.51	Erin Hipp, Ohio Northern	1998
1,000 Meters	3:01.72	Ellie Fernandez, John Carroll	2006
1,500 Meters	4:44.13	Kim Allen, Otterbein	2004
One-Mile Run	5:07.76	Ashley Scullion, Baldwin-Wallace	2007
3,000 Meters	10:46.00	Barb Hunter, Baldwin-Wallace	1990
3,200 Meters	11:12.22	Mandy Miller, Ohio Northern	1999
5,000 Meters	17:48.6	Jessica Carmona, Bald.-Wallace	1998
55 Hurdles	8.28	Amy Wood, Ohio Northern	1996
4 X 160 Relay	1:23.00	Wilmington (Correll, Reinhard, Herring, Crow)	2002
4X 200 Relay	1:45.15	Heidelberg (Zellner, Nitchman, Evers, Bataille)	2008
4 X 400 Relay	4:03.11	Heidelberg (Zellner, Olmsted, Jones, Depinet)	2007
4 X 800 Relay	9:23.31	Baldwin-Wallace (Katanik, Southall, Gruskiewicz, Havaich)	2003

\*record set during preliminaries

### Team Champions

2009	Ohio Northern	1990	Baldwin-Wallace
2008	Baldwin-Wallace	1989	Baldwin-Wallace
2007	Otterbein	1988	Baldwin-Wallace
2006	Baldwin-Wallace	1987	Muskingum
2005	Baldwin-Wallace	1986	Mount Union
2004	Otterbein		
2003	Otterbein		
2002	Baldwin-Wallace		
2001	Baldwin-Wallace		
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1992	Baldwin-Wallace		
1991	Baldwin-Wallace		

### All-Time OAC Coaches-of-the-Year

2005	Bill Taraschke, Baldwin-Wallace	1998	Bill Taraschke, Baldwin-Wallace
2004	Otterbein Staff	1997	Bill Taraschke, Baldwin-Wallace
2003	Doug Welsh, Otterbein	1996	Bill Taraschke, Baldwin-Wallace
2002	Bill Taraschke, Baldwin-Wallace	1995	Rich Schilling, Mount Union
	Doug Welsh, Otterbein		Bill Taraschke, Baldwin-Wallace
2001	Doug Welsh, Otterbein	1994	Rich Schilling, Mount Union
2000	Bill Taraschke, Baldwin-Wallace	1993	Grover Jewett, John Carroll
1999	Bill Taraschke, Baldwin-Wallace	1992	Bill Taraschke, Baldwin-Wallace

### OAC Staff-of-the-Year

	BEGAN IN 2006 (HEAD COACH)
2009	Ohio Northern (Ryan New)
2008	Baldwin-Wallace (Bill Taraschke)
	Otterbein (Doug Welsh)
2007	Otterbein (Doug Welsh)
2006	Baldwin-Wallace (Bill Taraschke)