

Track & Field Up and Coming...

April 26

Otterbein Mid-Week Invitational, 4p.m.- Otterbein, Capital, Wilmington

April 27

Penn Relays-Muskingum

April 27-28

Gina Relays, MI, TBA-Heidelberg, Ohio Northern

April 28

Sparky Adams Invitational at Baldwin-Wallace, 9a.m.-Marietta

Stan Lyons Invitational, Ind., Noon-Capital

Otterbein Invitational-Muskingum

OAC WEEKLY OUTDOOR TRACK & FIELD NOTES

Baldwin-Wallace- at "Sparky" Adams Invitational: Men 12th of 18/Women 2nd of 18

Junior Kristen Paulsen (Oberlin/ Firelands) and sophomore All-American distance ace Ashley Scullion (Grand Rapids, Mich./ East Kentwood) both bettered their NCAA Division III national qualifying times at the All-Ohio Meet. Scullion won the 1500-meter run in a school-record 4:36.46. Paulsen won the 100-meter hurdles in 14.88 seconds..In addition, Paulsen also is qualified provisionally in the heptathlon and Scullion in the 5000-meter run...The other B-W winner at the All-Ohio Meet was sophomore Theresa Carona (Canton/ Perry) in the javelin with a throw of 118'9"...At the Wilmington Meet, three women and one male won individual events..Senior Mandy Quisno (Oak Harbor) won the shot put with aa career-best toss of 38-feet and 2.75-inches, junior Megan Cathcart (Parma/ Senior) tied for first in the high jump at 5'2.25" and Carona won the javelin with a throw of 115'6"...B-W will host the 2007 OAC Track & Field Championship Meet at The George Finnie Stadium on May 11-12.

Capital-

Capital University's women's track and field team broke school records in the 800 meter run and the 4x400 meter relay at the Kenyon Invitational Saturday in Gambier, Ohio ... Sophomore Shelly Gaines (Grove City/Central Crossing) broke the school record and placed third in the 800. The Capital 4x400 meter relay team of freshman Brittney Carter (Columbus/Westerville South), senior Amanda Hartman (Groveport/Canal Winchester), sophomore Lizzy Stanton (Cincinnati/Withrow) and freshman Jessica Starks (Akron/Akron East) broke the school record while placing first. The 4x100 meter relay of Carter, Stanton, Starks and sophomore Tana Myers (Ashland/Mapleton) had its best time of the season in placing first ... Second place finishes by junior Christina Heineike (Sunbury/Buckeye Valley) in the triple jump and freshman Blair Bowman (New Richmond/New Richmond) in the shot put rounded out the top performances for the women's track team, who finished third for the day with 95 points ... The men had a strong showing in the field events to garner a fifth place finish of 67. Sylvanus Eddy (Columbus/Bishop Ready) placed first in the triple jump, junior Desmond Taylor (Toledo/Toledo St. John's) placed second in long jump and senior Adam Fausnaugh (Asheville/Teays Valley) placed second in the shot put.

Heidelberg-at All-Ohio: Men 2nd of 18/Women 7th of 18..at Wilmington Invite: Men 3rd of 9/Women 4th of 8

MEN: Heidelberg took part in two meets on the week due to the weather ... The annual All-Ohio Meet was moved to last Wednesday and Heidelberg returned to travel to Wilmington on Saturday for an invite ... Leading the way at the All-Ohio meet was a meet record performance by sophomore **Cory Beebe (Medina, Ohio / Cloverleaf)** in the 400-meter hurdles. Beebe finished in a season-best and meet record of 52.98. Also claiming championships on the day was the 4x400-meter relay team of Beebe, junior **Justin Zuchowski (Brunswick, Ohio / Brunswick)**, freshman **Justin Shields (Lorain, Ohio / Admiral King)** and junior **Greg Tyson, Jr. (Lima, Ohio / Lima Senior)** (3:17.78) and Tyson, Jr. in the long jump with a leap of 22'3.75". At the Wilmington Invite, earning individual championships was **Tyson** in the 400-meter dash (49.68) and the long jump (21'10.75") and sophomore **Scott Lasch (Huron, Ohio / Huron)** in the 800-meter run (1:57.74), along with the 4x100-meter relay team of freshman **Julius Higginbotham (Elyria, Ohio / Elyria)**, freshman **Paris Hilliard (Lorain, Ohio / Admiral King)**, senior **Steven Malone (Shaker Heights, Ohio / Shaker Heights)** and **Shields** (42.51).

WOMEN: Heidelberg took part in two meets on the week due to the postponement of the All-Ohio Meet ... Leading the way at All-Ohio was freshman **Jamie Depinet (New Riegel, Ohio / New Riegel)** with two individual school record performances and joined forces with sophomore **Angela Zellner (Twinsburg, Ohio / Twinsburg)**, senior **Nikki Jones (Fremont, Ohio / Hopewell-Loudon)** and freshman **Jaimee Olmstead (Stryker, Ohio / Stryker)** to set a new school record in the 4x400-meter relay. Depinet took second place in both the 200 and 400-meter dashes. Depinet's new school record in the 200-meter dash stands at 25.79, while the 400-meter record now is 58.01. The quartet of Depinet, Jones,

Zellner and Olmstead crossed the finish line second at the meet in a school record time of 4:00.38, which tops the previous record of 4:04.47 set in 2004. At Wilmington senior thrower **Jessica Peters (DeGraff, Ohio / Indian Lake)** led the way on the women's side with two top-five finishes. Peters stood third in the shot put (36'5.50") and fourth in the discus (110'10"). Jones finished second in the 1,500-meter run in a time of 5:03.11 and Zellner also earned runner-up honors on the day in the 100-meter dash (12.96).

John Carroll-at All-Ohio: Men 14th of 18/Women 9th of 18...at Kenyon Invite: Men T5th of 10/Women 5th of 9

MEN: At the All-Ohio Track & Field Championships on Wednesday at Ohio Wesleyan University, junior Kevin McPeek (Mentor, OH/Mentor) recorded a first place finish in the shot put, covering a distance of 14.94 meters for the first All-Ohio title of his career ... Senior Chris Kempf (Fort Wayne, IN/Carroll) placed second in the 5,000-Meter run with a season best time of 15:10.20 ... On Saturday at the Kenyon Invitational, it was a welcome return for "prodigal son" Josh Zamiska. The former All-OAC performer represented the Blue Streaks for the first time this season, and promptly scored a title by winning the long jump by clearing 6.88 meters ... For the second time this week, McPeek won a shot put title as he covered 14.96 meters with his winning toss. It was McPeek's best throw of this season and in his career ... Just missing titles at Kenyon were runner-ups Dan DiRuzza in the 1500-meter run (4:00.79) and Steven Branch in the pole vault (4.12 meters).

WOMEN: On Wednesday, junior Katie Winings had a great day on the track and in the field, accounting for 23 of the women's 35 total points at the All-Ohio Championship. Winings finished in second place in the 100 meter hurdles with a time of 4:45.75 and third in the 400 meter hurdles with 1:07.83. Winings also placed third in the triple jump (10.86 meters) and sixth in the long jump (4.79 meters) ... Seniors Mary Gilloon and Tricia Stege finished out the scoring for the Blue Streaks. Gilloon came in third in the 1,500 meter run with 4:45.75 and sixth in the 800 meter run with 2:21.20. Stege brought in the final three points with a sixth place finish in the 3,000 meter steeplechase with a 11:47.14 time ... At the Kenyon Invitational Saturday, the John Carroll women's team posted five second place finishes. Winings had two of those, earning runner-up status in the 100 hurdles (15.69) and the 400 hurdles (1:07.71) ... Also placing second were Gilloon in the 1500-meter run (4:47.39), Julie Myers in the 5,000-meter run (20:17.13) and Katie Manjerovic in the javelin (31.41 meters)

Marietta-at All-Ohio: Men 5th of 18/Women 8th of 18

MEN: The Pioneer men had two individual champions—junior Dan DeZordo (Louisville/Marlinton) in the Discus and sophomore Brian Pallini (Belpre) in the Javelin—at the All-Ohio Championships. DeZordo, who also took sixth in the Hammer Throw (133-10/40.80m) and 13th in the Shot Put (41-10.75/12.77m), out-threw the competition with a mark of 153-09 (46.87m). Pallini, who did not throw the Javelin last year, became the second straight Marietta athlete to win the event at the Championships with a personal record throw of 162-04 (49.47m). Pallini also set a personal record in the Hammer Throw (132-10/40.48m) and placed seventh while taking eighth in the Shot Put (44-07.00/13.59m). Sophomore Derek Carpenter (Belpre) took second in the Hammer Throw and set a school record in the process. He finished with a mark of 144-09 (44.12m). Carpenter also placed sixth in the Shot Put with a throw of 45-03.75 (13.81m). Sophomore Jered Mitchem (Marietta/Warren Local) had a remarkable performance in the 800m Run. He out-kicked three competitors over the final 200m to move from fifth to second, placing behind only the reigning indoor National Champion in the event. Mitchem crossed the line in personal record 1:56.36. Freshman Chad Byers (New Matamoras/Frontier) placed second only to his teammate DeZordo in the Discus, finishing with a personal record mark of 146-05 (44.63m). Senior Tim Roberts (Worthington/Thomas Worthington) also set a personal record in his event, the 400m Hurdles, taking fifth with a time of 57.27 seconds. Junior John Hull (Scot Depot, W.Va.) improved his personal record time en route to a fifth place finish in the 10,000m Run. Hull crossed the line in 33:05.95, cutting nearly 40 seconds off his previous best. Freshman Zach Gay (Elyria/Oberlin) took fifth in the High Jump (6-02.75/1.90m) and 12th in the Triple Jump (39-03.00/11.96m). Marietta is not scheduled to compete again until Saturday (Apr. 28) when it competes at the Sparky Adams Invitational, hosted by Baldwin-Wallace.

WOMEN: Senior Rachel Forman (Heath), who earlier in the year became the first Marietta female to win an event at the All-Ohio Indoor Championships when she won the Weight Throw, led the Lady Pioneers' performances on Wednesday by adding the Hammer Throw title to her trophy case with a mark of 136-02 (41.51m). Sophomore Tiffany Kovacevich (Strongsville), who placed second in the Hammer Throw with a personal record mark of 130-08 (39.84m), set a school record in the Shot Put. Kovacevich placed third in the event with a throw of 38-09.00 (11.81m). Freshman Shannon McDonald (Lorain/Amherst Steele) also set a school record in the 10,000m Run. Running in the event for the first time, McDonald placed sixth with a time of 40:57.29. Classmate Kaitlin Smith (Essex Junction, Vt.), who also ran the race for the first time, took eighth with a time of 41:44.48. Senior Rachelle Cole (Sherrodsville/Conotton Valley) placed fourth in the Hammer Throw with a personal record mark of 122-04 (37.29m) and took fifth in the Javelin with a throw of 104-09 (31.94m). Freshman Randi Robertson (Avon Lake) nearly broke her 5,000m Run record, taking sixth with a time of 18:46.44, which was three seconds shy of her record-setting mark from last week's Don Frail Invitational. Sophomore Melissa Schulte (Pemberville) competed in three events at the meet, taking sixth in the Triple Jump (33-06.00/10.21m), tying for seventh in the High Jump (4-10.50/1.49m) and placing 11th in the Long Jump (14-08.75/4.49m). Marietta is not scheduled to compete again until Saturday (Apr. 28) when it competes at the Sparky Adams Invitational, hosted by Baldwin-Wallace.

Mount Union-Dave Rakin Invitational...Westminster Invitational

Mount Union sent several track athletes to the inaugural Dave Rankin Invitational on the campus of Purdue University (IND) on Saturday, April 21....On the men's side, senior Ryan Garro (Mogadore/Lake) took first in the 800 meters (1:53.46), as did senior Jeremy Velliquette (Fremont/St. Joseph) in the 1,500 meters (3:57.08), senior Justin Rodhe (Garrettsville/Kenston) with a current Ohio Athletic Conference best throw in the shot put (55-02.25) and senior Nick Saluppo (Wadsworth/Highland) in the 100 meter dash (10.87)...On the women's side, junior Amanda Kolanz (Chagrin Falls/Kenston) took third in the high jump (5-02.50), third in the triple jump (35-03.25) and sixth in the long jump (17-08.25). Sophomore Janelle Rothacker (Brookpark/Midpark) placed fourth in the 400 meter hurdles (1:04.30) while freshman Heather Statler (Marietta) also took fourth in the 5,000 meters (19:59.56).

The Purple Raiders also competed at the Westminster Invitational (PA) on Saturday....Spider Lockhart (Painesville/Riverside) took first in the triple jump (44-11.75). Second place went to junior Marcus Jackson (Cleveland/Eastmoor) in the 110 meter hurdles (15.40), freshman Joe Sams (Mogadore/Waterloo) in the long jump (21-03.5), Dan Whisler in the 5,000 meter run (15:43.99) and freshman Kris Claros (Miramar, FL/Miramar) in the 400 meter dash (51.72). Third place finishers included freshman Chuck Damberger (Ashland) in the pole vault (13-06.25) and sophomore Steve Araps (Willowick/North) in the 1,500 meters (4:17.01)...The Lady Raiders' senior Julie Bitzel (Massillon/Central Catholic) took first in the 1,500 meters (5:04.5) and second in the 5,000 meters (20:00.37). Freshman Rachel Perry (Westerville/Westerville North) also finished second in the 3,000 meter steeplechase (12:18.98). Third place finishers included junior Brittany Morr (Smithville) in the pole vault (10-0) and junior Louise Thoma (Alliance/St. Thomas Aquinas) in the triple jump (32-09.00). Jessica Brady was fourth in the 800 meters (2:28.95).

Muskingum-at Wilmington Invitational, MEN 5th of 9/Women 8th of 8

MEN: For the men, the 4x100 meter relay team captured a second place finish with a time of 43.84 seconds. Junior J.D. Walters (Pickerington/Central) paced the men in the 1500 meter run to give the Muskies a first place finish with a time of 3:59.72. In the 400 meter dash freshman Nick Lange (Newark) placed second with a time of 50.46 while juniors Brett Vermillion (Hebron/Lakewood) and junior Jim Gatti (Delaware/Delaware Hayes) followed closely behind in fifth and seventh. Junior All-American sprinter Dean Thornton (Chagrin Falls) placed first in the 100 and 200 meter dash with times of 11.10 and 22.42. Junior Brandon Todd (Cambridge) was right behind Thornton in fifth place followed by sophomore Jack Murray (Alexandria/Northridge) in seventh in the 100 meter dash. In the 400 meter hurdles junior Dustin Eubanks (Cambridge/Meabowbrook) finished fourth with a time of 58.69 seconds. Rounding up for the men in the triple jump senior Michael Landon (Millersburg) placed third with a jump of 40-03.5.

WOMEN: Pacing the Muskie women was sophomore Deanna Dobos (Newark/Lakewood) who placed fourth in the 400 meter dash with a time of 1:00.26. In the discus throw freshman Amy Adams (Baltimore, Md.) placed sixth.

Otterbein-at All-Ohio: Men: 7th of 18/Women 3rd ...at Kenyon: Men 3rd of 10/Women 1st

MEN: Otterbein's men's track and field team competed at the DIII All-Ohio Championships Wednesday, which was postponed due to weather from last Saturday; and at Kenyon College this past weekend. At the All-Ohio Championships, the Cardinals were led by junior Justin Rush (Cortland/Lakeview High School) who won the 110 meter high hurdles in an NCAA provisional qualifying time of 14.89. Rush ran a faster 14.85 in preliminary heat. A runner-up performance was turned in by Josh Zvansky (Ashley/Big Walnut), who placed second in the javelin with a throw of 161-101. Jared French (Marengo/Sparta Highland) placed fourth in the 1,500 meter run in a personal record time of 3:57.95. And the 4 X 100 meter relay team of junior Ryan Kennedy (Delaware/Hayes), junior Marvis Engram (Columbus/Harvest Preparatory), sophomore Tyrone Morgan (Columbus/Northland), and freshman Sean Waldo (Columbus/Bishop Ready) also placed fourth in a time of 43.26. At Kenyon on Saturday, the Cardinals were once again led by Rush, who won the 110-meter high hurdles in the same time of 14.89. Sophomore Ryan Whitmer (Alexandria/Northridge) placed first in the 100 meter dash in a time of 11.21 and the 4 X 400 meter relay team of senior Jon Ross (Doylestown/Wadsworth), Engram, senior Ben Lehman (Westerville/South), and freshman Alex Simko (Mentor) also won in a time of 3:25.09. Freshman Garey Berry (Euclid) won the high jump with a leap of 6-04. Runner-up finishes were turned in Simko in the 3,000 meter steeplechase in a time of 10:11.46, Ross in the 400 meter dash in a time of 51.14, and French in the 800 meter run in another personal record time of 1:56.06. The Cardinals compete again this Thursday at the Otterbein College Mid-week Invitational with field events beginning at 4 p.m.

WOMEN: The Cardinals took third at the All-Ohio meet on Wednesday in Delaware, Ohio and took 1st at Kenyon on Saturday...

All-Ohio – The 4x100 meter relay team of senior Mandy Fugate (Seville/ Cloverleaf Senior), sophomore Lauren Rausch (Edison/ Mt Gilead), sophomore Anna Yonker (Lancaster/ Bloom Carroll), and freshman Natalie Yost (Newark/ Newark) took first in a time of 49.15; junior Ashley Suffel (Defiance/ Defiance) took second in the 800 meter run in a time of 2:17.96; senior Melinda Keesee won both the 3,000 meter steeplechase and 5,000 meter run with NCAA provisional qualifying times of 11:03.14 and 17:38.22; Fugate won the long jump in 17-11.00; junior Katie Homan (Fort Recovery/ Coldwater) took 2nd in the discus with a throw of 125-01; sophomore Ally Tobin (Lancaster/Fisher Catholic) won the shot-

put with an NCAA provisional throw of 43-04.50.

Kenyon – Fugate took third in the 100 meter dash in 12.80; Yonker took second in both the 200 meter dash and 400 meter in times of 26.34 and 57.88; sophomores Lauren Rausch (Edison/Mt Gilead) and Stacey Schall (Lancaster/Bloom Carroll) took 1st and 3rd in the 100 meter hurdles in 15.22 and 15.72; Schall finished 1st in the 400 meter hurdles in 1:07.45; the 4x100 meter relay and the 4x400 meter relay took 2nd in 49.16 and 4:01.6; freshman Caitlyn Renner (Pataskala/ Watkins Memorial) took 1st in the high jump with 5-05.25; Fugate won the long jump with a NCAA provisional qualifying jump of 5.56 meters; sophomore Amber Gresham (Delaware/ Olentangy Liberty) took 3rd in the triple jump in 10.15 meters; junior Katie Homan and sophomore Allyson Tobin took 2nd and 3rd in the discus throw in 35.27 and 33.63; Tobin and Homan also took 1st and 3rd in the shot-put with 12.94 and 11.04

Ohio Northern- at All-Ohio: Men 1st of 18/Women 5th of 18...at Joe Banks ONU Invite: 1st of 3/Women 2nd of 3

MEN: The Ohio Northern men's track and field team won the All-Ohio Meet on Wednesday and dominated the ONU Joe Banks Invitational on Friday and Saturday. At the All-Ohio Meet, sophomore Jimmy O'Brien (Pemberville/Eastwood) won the 1,500-meter run in an ONU record time of 3:53.06, breaking the 27-year-old record of 3:54.20 set by Bill Chmelik in 1980. In addition, O'Brien won the 800-meter run in 1:54.42 and anchored the 4x400-relay to a 3:20.62, third-place performance. Senior Chad Eagy (Spencerville) won the pole vault with a NCAA provisional height of 4.75 meters (15-07) and then bettered his mark at the ONU Invitational with a mark of 4.81 meters (15-09.25). The 4x100-meter relay team of seniors Jon Graupmann (Fairborn) and Ryan Garry (Eustis, Fla./Mount Dora), junior Ryan Robertson (Pickerington/Central) and sophomore Justin Linzy (Toledo/Woodward) not only won their signature relay event with a NCAA provisional time of 41.18, but also placed in a variety of individual events, as well. All four placed in the top six of the 100-meter dash. Robertson was second in 10.78, Garry was fourth in 10.97, Graupmann was fifth in 11.04, and Linzy was tied for sixth in 11.11. In the 200-meter dash, Robertson (21.89) and Graupmann (22.23) finished 2-3, while Linzy was seventh (22.53). Robertson earned his third second-place by jumping 6.75 meters (22-01.75) in the long jump, while Garry was fifth in the triple jump with a leap of 12.84 meters (42-01.5).

At the ONU Invitational, freshman Joe Amstutz (Bluffton) broke the meet record in the 800 with a time of 1:57.58. The old record of 1:57.90 was set by current ONU assistant coach Jason Maus when he was senior at Heidelberg in 2002. Sophomore Dominic Clouse (Somerset/Sheridan) won a pair of jumping events. Clouse leapt a distance of 6.29 meters (20-07.75) to win the long jump and 12.19 meters (40-00) to win the triple jump. ONU returns to competition this weekend at the Hillsdale (Mich.) Gina Relays.

WOMEN: The Ohio Northern women's track and field team finished fifth at the All-Ohio Meet on Wednesday and second at the ONU Joe Banks Invitational on Friday and Saturday. At the All-Ohio Meet, senior Elizabeth DiNino (Beavercreek/Carroll) and sophomore Dani Noe (Woodville/Woodmore) each claimed runner-up finishes. DiNino ran a time of 17:44.20 to finish second in the 5,000-meter run, while Noe was runner-up in the 400-meter hurdles with a time of 1:07.36. Noe also won the 100-meter hurdles at the ONU Invitational with a time of 17.42. Joining DiNino with outstanding distance race performances were senior Darcie Walthew (East Bethany, NY./Notre Dame) and sophomore Regina Bresson (Canfield). Walthew was third in the 5,000 in 18:22.90 and fifth in the 3,000-meter steeplechase with a time of 11:40.29, while Bresson ran a time of 40:47.28 to place fifth in the 10,000-meter run. At the ONU Invitational, freshman Janelle Jansen (Celina/Coldwater) won the long jump with a leap of 4.86 meters (15-11-5) and was second in the pole vault with a height of 2.05 meters (10-00). Freshman Stephanie Hiser (Gibonsburg) won the 1,500-meter run with a time of 5:30.53, while sophomore Rachael Watterson (Benzonia, Mich./Benzie Central) finished in second in 5:37.62. Winning the 5,000-meter run with a time of 20:04.36 was freshman Rebecca Silverstein (Maumee). Freshman Courtney Zupancic (North Ridgeville) won the shot put with a throw of 12.11 meters (39-08.75). Sophomore Natasha Mattis (Cambridge) also won a field event, throwing the javelin 31.66 meters (103-10) for the victory. ONU returns to competition this weekend at the Hillsdale (Mich.) Gina Relays.

Wilmington- at All-Ohio: Men 9th of 18 /Women 6th of 18...at Wilmington Invitational: Men 1st of 9/Women 3rd of 8

MEN: Scoring points in nearly every event, Wilmington College defended its title at the Wilmington Invitational. The Quakers posted three event wins. Sophomore Scott Stevens (Germantown/Valley View) took the pole vault with a 14-foot effort. Freshman Brian Dressback (Wapakoneta/Graham) won the javelin with a best throw of 155 feet. Junior Chris Sprowl (Dayton/West Carrollton) won the high jump with a leap of 6-4. Sprowl also finished second in the 110-meter hurdles and third in the 400 hurdles. Freshman Armando Jackson (Cincinnati/North College Hill) finished second at 200 meters and fourth at 100 meters. In the field, senior Rob Castle (Ansonia) finished second in the shot put and hammer throw. Freshman Dan Allbaugh (Newark/Licking Valley) finished second in the pole vault. Senior Nick Davey and Stevens earned All-Ohio honors to lead Wilmington at the All-Ohio Championships. Davey (Williamsport/Westfall) finished third in the hammer throw and Stevens placed third in the pole vault with a clearance of 14-1.25. Castle was twice a lone position from All-Ohio honors with fourth-place finishes in the hammer throw and shot put, and Sprowl was sixth in the high jump.

WOMEN: Baldwin-Wallace may have won the team championship at the Wilmington Invitational on Saturday, but the day belonged to Wilmington senior Ashley Johnson (Wilmington). Three days after learning of the death of her brother, Josh, Johnson demonstrated how high human spirit can lift a heavy heart with a record-smashing performance in the pole vault. Her 12-10.25 effort established new Wilmington College, Wilmington Invitational and Beckett Track and Field Facility records, and was the second-best jump in the nation this spring. It was a performance soon to become legend. On the

track, freshman Callen Martin (Cincinnati/Finneytown) was a triple winner, taking the 100- and 200-meter dashes and teaming with junior Meg Sutherland (Waynesfield/Waynesfield-Goshen), sophomore Kacie Otting (Minster) and freshman Krystal Taylor (Chillicothe) to win the 4x100 relay. Martin's 12.16 100-meter time established new stadium and invitational records while her 25.53 at 200 meters set a new Wilmington Invitational record. Freshman Sarah Matthews (Xenia) won at 5,000 meters, obliterating the field with an 18:59.54. Junior Nicky Fey (Blanchester) claimed second in the steeplechase and Otting finished third in the 100-meter hurdles. In the field, junior Erica Fawley (Xenia) won the hammer throw and placed second in the shot put. Senior Alyss Hart (McDonald) won the high jump with a season-best 5-2.25 effort that led a 1-3-4 Wilmington finish as sophomore Shelly Warner (Maumee) and freshman Lauren Fondriest (Dover/Tuscarawas Central Catholic) cracked the top five. At All-Ohio, Martin won the 100- and 200-meter dashes in All-Ohio and Wilmington College record times. Her 12.10 at 100 meters and 25.05 at 200 meters also are NCAA provisional times that make her a good bet to make the NCAA Outdoor Championships. Johnson (Wilmington) bettered her earlier NCAA provisional pole vault mark with a 12-1.5 that broke the All-Ohio record. Johnson now owns the All-Ohio indoor and outdoor pole vault marks. Hart cleared 5-1.75 to finish second in the high jump and freshman Betsy Pratt (Wilmington) placed second in the javelin with a season-best throw of 112-7. On the track, the team of Otting, Sutherland, Taylor and Martin narrowly missed All-Ohio honors with a fourth-place finish in the 4x100 relay.