



Ohio Athletic Conference

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Timothy W. Gleason, Commissioner

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For Immediate Release

Contact: Julie Work

OAC Announces 2006 Clyde A. Lamb Scholar-Athlete Award Winners

Twinsburg, OH -- Ten male student-athletes and 10 female student-athletes from each of the Ohio Athletic Conference (OAC) institutions have been chosen as the 2005-06 Clyde A. Lamb winners.

All 20 Clyde A. Lamb Award winners will be honored at the 22nd annual OAC Awards Banquet on Monday, May 15, at the Clarion Dublin Hotel in Columbus.

The Clyde A. Lamb Awards are named in honor of the man who organized the Department of Health and Physical Education at Ohio Northern in 1929. He served as coach, department chairman and athletics director at ONU from 1929-64.

Criteria for the award include at least two year's participation in an OAC-sponsored sport, senior status, a minimum grade-point average of 3.00 and sportsmanlike conduct in a manner that has brought credit to the student-athlete and his/her institution.

School	Male Recipient (Hometown)	Female Recipient (Hometown)
Baldwin-Wallace	Joseph George (Massillon)	Elizabeth Redd (North Canton)
Capital	Matt Evans (Mt. Sterling)	Sara Heitkamp (Ft. Recovery)
Heidelberg	Andrew J. Schlea (Gibsonburg)	Christina Siegel (North Olmsted)
John Carroll	Doug Phillips (Strongsville)	Ellie Fernandez (Highland Hts.)
Marietta	Jason Price (Marietta)	Bethany Blahnik (Mansfield)
Mount Union	Scott Casto (Uniontown)	Kyla Hogan (Ravenna)
Muskingum	Richie Minner (Prospect)	Erica Hoyt (Tipp City)
Ohio Northern	Wesley Hostetler (Strasburg)	Lauren Ernst (Ft. Loramie)
Otterbein	Adam Rothermel (Columbus)	Colleen Grooms (Elryia)
Wilmington	Joe Maus (Van Wert)	Katie Isaacs (West Chester)

The following five pages list the 2006 Clyde A. Lamb Award winners, with short biographical sketches of their collegiate careers.

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Elizabeth Redd



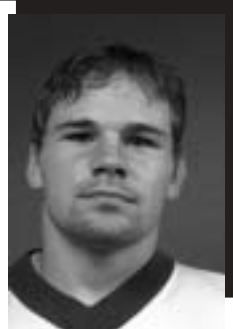
Majors: Education/ Health Promotion
Current GPA: 3.78
Sport: Track & Field
Events: Sprints
Varsity Letters: Four
Hometown: North Canton

Academic Honors & Memberships: Academic All-OAC Honorable Mention... Omicron Delta Kappa... OAHPERD Memorial Scholarship winner and two-time presenter ... Dr. Lee Tressel Scholarship ... NASPE Major of the Year nominee ... AAHPERD member and Major of the Year nominee ... Kappa Delta Pi... Alpha Sigma ... Dayton C. Miller Honor Society ... Athletic Leadership Award ... Health and Physical Educators Club founding President... Certified Peer Educators secretary... HPE Pedagogy Team.

Athletic Honors: Indoor T&F: six-time All-OAC winner, member of school record 4x200 and sprint medley relay teams ... Outdoor T&F: two-time NCAA provisional qualifier as a member of the 4x100 relay team, OAC Runner-of-the-Week.

Leadership/Community: Volunteers as a Sunday school teacher, Hurricane Katrina clean-up efforts and at the Berea Children's Home ... Student-Athlete Advisory Committee.

Joseph George



Major: Biology
Minor: Chemistry
Current GPA: 3.67
Sport: Football
Position: Middle Linebacker
Varsity Letters: Four
Hometown: Massillon

Academic Honors & Memberships: Dean's List... two-time Academic All-OAC ... two-time *ESPN The Magazine* Academic All-District IV ... semifinalist for the Draddy Award (academic Heisman) ... Omicron Delta Kappa ... Northeastern Ohio Chapter of the National Football Foundation scholarship recipient ... has been accepted to the Ohio University Medical School.

Athletic Honors: is the all-time school leader with 334 career tackles ... became just the second player in school history to record two or more 100+ tackle seasons ... 2005 - Cleveland Touchdown Award, Second team All-North Region by D3football.com, 1st team All-North Region and Third Team All-American by *Football Gazette* ... helped team to an NCAA playoff appearance in 2003 and the Cuyahoga Gold Bowl trophy (wins vs. John Carroll) in both 2003 and 2005.

Leadership/Community: volunteers at the Special Olympics, Martig Farm and B-W campus clean-up efforts ... member of St. Joan of Arc Church.

Sara Heitkamp



Majors: Early Childhood Edu./Intervention Specialist
Current GPA: 3.82
Sport: Basketball
Position: Guard
Varsity Letters: Four
Hometown: Ft. Recovery

Academic Honors & Memberships: three-time Academic All-OAC (unanimous pick in 2005 and 2006) ... three-time *ESPN The Magazine* Academic All-District IV ... two-time *ESPN The Magazine* Academic All-American (is just the sixth person in school history to be awarded this honor twice) ... CU Gene Slaughter Award for the top junior scholar-athlete ... CU Bill Bernlohr Award given to the top senior scholar-athlete ... Chi Alpha Sigma.

Athletic Honors: became just the fifth player in OAC history to be named the OAC Helen Ludwig Player-of-the-Year in back-to-back seasons (2005 & 2006) ... two-time D3hoops.com All-Region ... 2006 Kodak/WBCA, DIII News and D3hoops.com All-American ... Finalist for the Jostens Trophy ... nine-time OAC Player-of-the-Week ... career numbers-1,732 points (second in school history, eighth in the OAC), 369 steals (school's all-time leader), 366 assists (third in school history) and 615 rebounds (eighth in school history).

Leadership/Community: Student-Athlete Advisory Committee ... volunteers at local schools ... tutor.

Matt Evans



Major: Education
Current GPA: 3.67
Sport: Football
Position: Defensive End
Varsity Letters: Three
Hometown: Mt. Sterling

Academic Honors & Memberships: three-time Academic All-OAC ... two-time *ESPN The Magazine* Academic All-District IV ... Columbus Chapter of the National Football Foundation scholarship recipient ... CU Bill Bernlohr Award given to the top senior scholar-athlete.

Athletic Honors: two-time Second Team All-OAC ... 2003 All-North Region ... Was a key member of the 2005 football team that advanced to the school's second-ever NCAA Playoff appearance, won a school-best 10 games, captured the school's first-ever playoff win, a final ranking of fifth in the nation and a defense that was ranked fourth in Division III.

Leadership/Community: volunteer coach.

Christina M. Siegel

Majors: Health & Phys. Edu/
Sport Management
Current GPA: 3.40
Sport: Volleyball
Position: Middle Hitter
Varsity Letters: Four
Hometown: North Olmsted



Academic Honors & Memberships: Dean's List ... 2005 Academic All-OAC ... OAC Scholar-Athlete of the Month.

Athletic Honors: two-time First Team All-OAC ... 2003 Second Team All-OAC ... 2004 Honorable Mention All-Region ... three-time team MVP ... 2002 team Rookie-of-the-Year ... four-time OAC Player-of-the-Week ... Student-Athlete Advisory Committee Athlete-of-the-Month ... was one of seven girls selected to represent the United States for American International Sports Tours Volleyball Team in Italy ... holds school career records for kills (1,779), blocks (548) and games played (472) ... holds school single-season records for kills (564), kills per game (4.59), blocks (187) and hitting percentage (.388) ... two-time captain.

Leadership/Community: March of Dimes Jail & Bail ... member of St. Brendan's Church.

Andrew J. Schlea

Major: Business Admin./
Sport Management
Current GPA: 3.57
Sport: Baseball
Position: Outfield
Varsity Letters: Four
Hometown: Gibsonburg



Academic Honors & Memberships: Dean's List five times ... 2005 Academic All-OAC and *ESPN The Magazine* All-District IV ... Business Club.

Athletic Honors: 2006 - captain, OAC Hitter-of-the-Week ... 2005 - team MVP and best offensive player, Second Team All-OAC, Third Team All-Mideast Region, OAC Player-of-the-Week and OAC All-Tournament Team ... 2004 - Honorable Mention All-OAC, helped team to OAC Tournament title and an NCAA Regional appearance ... 2003 - helped team to OAC Regular-Season championship ... holds school record for triples in a season with four.

Leadership/Community: member of Zion Lutheran Church ... CLC House ... Big Brother ... Pet Therapy (work with Tiffin Humane Society).

Ellie Fernandez

Major: Master's of Education
Current GPA: 4.00
Sports: Cross Country/
Track & Field
Events: Distance
Varsity Letters: Four
Hometown: Highland Hts.



Academic Honors & Memberships: Dean's List ... 2004 OAC Scholar-Athlete of the Month ... *ESPN The Magazine* Third Team Academic All-American ... four-time cross country and three-time track and field USTFCCA Academic All-American ... two-time Academic All-OAC ... graduated Cum Laude.

Athletic Honors: 14-time All-OAC performer in track and field, including seven individual titles ... is the first JCU athlete to earn All-America honors in all three seasons (fall, winter, spring) ... Cross Country: two-time All-American, 2005 OAC Champion and Runner-of-the-Year, three-time NCAA qualifier and All-Great Lakes Region and All-OAC performer ... Indoor T&F: 2006 All-American in the 5,000-meter run and 2006 OAC Julie Zajac Most Outstanding Track Athlete ... Outdoor T&F: two-time All-American in the 3,000-meter steeplechase.

Leadership/Community: Student-Athlete Advisory Committee.

Doug Phillips

Major: History
Current GPA: 4.00
Sport: Football
Position: Quarterback
Varsity Letters: Two
Hometown: Strongsville



Academic Honors & Memberships: Dean's List every semester ... two-time Academic All-OAC ... Honors Program ... Kerner History Scholastic Achievement, President's Honor, John Carroll Merit, Residence Life Ethical Leadership and American Values Awards ... Alpha Sigma Nu ... Honors and History Senior Thesis ... semifinalist for the Draddy Award (academic Heisman) ... received one of 52 NCAA fall postgraduate scholarships.

Athletic Honors: 2005 - OAC Mike Gregory award winner (OAC's most outstanding offensive back), First Team All-OAC, was selected All-Region by D3football.com and the *Football Gazette* and was one of 10 finalists for the Gagliardi Trophy (DIII Player-of-the-Year award) ... two-time OAC Player-of-the-Week ... 2005 captain.

Leadership/Community: 2006 Beaudry Award winner (JCU's highest honor for a senior which recognizes services in leadership, academic achievement, service to the University and/or greater community and commitment to Christian values) ... resident assistant ... campus ministry ... eucharistic minister ... chapel choir ... Praise and Worship music ensemble ... vacation bible school leader ... Habitat for Humanity ... WJCU broadcaster ... JCTV Production Club.

Bethany Blahnik

Major: Allied Health
Minor: Biology
Sport: Soccer
Position: Goalkeeper
Varsity Letters: Four
Hometown: Mansfield



Academic Honors & Memberships: Dean's High Honors seven times ... Alpha Lambda Delta ... 2005 *ESPN The Magazine* Third Team Academic All-American ... 2004 Second Team *ESPN The Magazine* Academic All-District IV ... three-time Academic All-OAC.

Athletic Honors: two-time Honorable Mention All-OAC ... 2005 Statistics: allowed just 12 goals against and led the OAC in goals against average (0.62), saves percentage (.887) and shutouts (12) ... holds the school record for career shutouts (32), victories (45) and goals against average (0.82) ... is fourth in school history with 356 saves ... holds the MC record with 14 wins in a season.

Leadership/Community: pre-med member ... volunteers at Naples Community hospital and the Boys and Girls Club ... soccer camp instructor ... admissions tour guide ... Dyson Baudo Recreation Center supervisor.

Jason Price

Major: History
Minor: Education
Current GPA: 3.40
Sport: Football
Position: Offensive Guard
Varsity Letters: Four
Hometown: Marietta



Academic Honors & Memberships: Dean's List for three years ... High Dean's List three times ... Phi Beta Kappa ... Phi Alpha Pheta ... Academic All-OAC.

Athletic Honors: captain ... played both offense and defense during his four years ... anchored the left guard slot that blocked for a First Team All-OAC honoree and 1,000-yard rusher and an 1,800-yard passer.

Leadership/Community: Student-Athlete Advisory Committee ... volunteers at the Cincinnati homeless shelter and Marietta flood clean-up ... e-mail mentoring program ... reading program at Vienna Elementary School ... Warren youth football camp ... Vienna soccer camp ... Campus Life & Athletics Committee member ... National Youth Sports Program Leadership Award.

Kyla Beth Hogan

Major: Exercise Science
Minor: Biology
Current GPA: 3.76
Sport: Basketball
Position: Guard
Varsity Letters: Four
Hometown: Ravenna



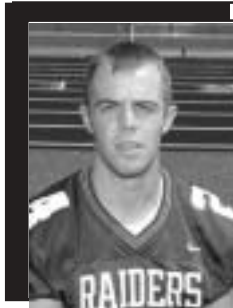
Academic Honors & Memberships: Dean's List every year ... three-time Academic All-OAC pick, including a unanimous selection in 2005-06 ... OAC Scholar-Athlete of the Month ... Exercise Science Club ... received a graduate assistantship at Ball State University in cardiac rehabilitation.

Athletic Honors: 2005-06 - captain and Second Team All-OAC ... was ranked in the top-10 of the OAC in scoring, assists, assist-to-turnover ratio and three-point field goal percentage the past two years ... was fifth in the OAC in blocked shots this season ... led the OAC and was ranked third in the NCAA last year and 20th this year in steals per game average, 4.64 and 3.54, respectively ... played in 103 of a possible 104 games in four years ... finished career with 915 points, 460 rebounds, 298 steals and 272 assists.

Leadership/Community: Dream to Read.

Scott Casto

Major: Political Science
Minor: Legal Studies
Current GPA: 3.70
Sport: Football
Position: Wide Receiver
Varsity Letters: Four
Hometown: Uniontown



Academic Honors & Memberships: Dean's List for three years ... two-time Academic All-OAC, including a unanimous selection in 2005.

Athletic Honors: was a member of two National Championship teams (2002, 2005) and four OAC Championship teams ... 2005 - OAC Ed Sherman Award (OAC's most outstanding receiver), First Team All-OAC, D3football.com All-Region, *Football Gazette* Honorable Mention All-American, set the school record for punt return yards in a season (367) and the MTU mark for receptions in a season (78).

Leadership/Community: Pre-law Society- President ... Fellowship of Christian Athletes huddle leader ... church youth leader ... Green High School assistant football coach ... youth baseball coach in Green.

Erica Hoyt

Majors: Multi-Age
Education/Spanish
Current GPA: 3.79
Sport: Softball
Position: Pitcher
Varsity Letters: Four
Hometown: Tipp City



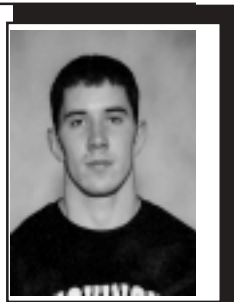
Academic Honors & Memberships: Dean's List six times ... 2005 *ESPN The Magazine* Third Team Academic All-American ... two-time Academic All-OAC ... two-time *ESPN The Magazine* Academic All-District IV ... Presidential Scholarship ... Phi Sigma Iota President ... Spanish and French Clubs ... Spanish house tutor.

Athletic Honors: two-time First Team All-American ... 2004 NFCA DIII National Player-of-the-Week ... two-time John Wells OAC Pitcher-of-the-Year ... two-time Gayle Lauth OAC Player-of-the-Year ... nine-time OAC Pitcher-of-the-Week ... three-time First Team All-OAC ... named to three OAC All-Tournament teams ... three-time All Central Region ... has been named to three NCAA All-Region All-Tournament teams ... led Division III in wins in both 2004 (38) and 2005 (37) ... holds school records for career strikeouts (654), single-season strikeouts (291) and fewest losses in a season (one).

Leadership/Community: intramural officials coordinator ... volunteer coach for Miami Valley Xpress ... January 2006 Mission trip to the Dominican Republic ... Big Brothers and Big Sisters ... Clubhouse Espanol (teaching Spanish speaking children how to read English) ... coaches junior high and high school softball teams during the fall.

Richie Minner

Major: Middle Childhood
Education
Minor: History
Current GPA: 3.45
Sport: Wrestling
Weight Classes: 157/165/174
Varsity Letters: Four
Hometown: Prospect



Academic Honors & Memberships: Dean's List ... Academic All-OAC ... NWCA Scholar All-American ... OAC Scholar-Athlete of the Month.

Athletic Honors: three-time captain ... 2003 William F. Lange Outstanding Freshman Athlete ... OAC Championships - third in 2005 and fourth in 2003 ... Little State Tournament - first in 2002, seventh in 2003 and fifth in 2004 ... Ohio Northern Tournament - fourth in 2002 and 2003 and seventh in 2004 ... runner-up at the 2004 Muskingum Invitational ... has 76 career victories.

Leadership/Community: Student-Athlete Advisory Committee ... Ulster President ... Greek Council ... volunteers at Christ's Table Food Kitchen, New Concord Elementary Spring Carnival and Home for the Holidays Evening of Giving.

Lauren Ernst

Major: Biology
Current GPA: 3.72
Sport: Track & Field
Events: Hurdles/Sprints
Varsity Letters: Three
Hometown: Ft. Loramie



Academic Honors & Memberships: Dean's list six times ... Outstanding Academic Performance Award ... Academic All-OAC ... Alpha Lambda Delta ... Professional Association of Women in Science historian ... early acceptance to The Ohio State University's College of Optometry.

Athletic Honors: Indoor T&F: two-time OAC champion as a member of the 4x400 relay team ... Outdoor T&F: two-time OAC champion and 2004 national qualifier as a member of the 4x400 relay team, two-time OAC champion in the 400 hurdles and 2005 national qualifier ... nine-time All-OAC winner ... 2005 ONU Most Valuable Runner.

Leadership/Community: Student-Athlete Advisory Committee ... volunteers at Primary Eye Care ... member of St. Michael's Parish.

Wesley L. Hostetler II

Major: Biology
Minor: Education
Current GPA: 3.79
Sport: Football
Position: Defensive Back/
Kick Returner
Varsity Letters: Four
Hometown: Strasburg



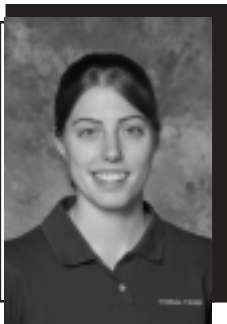
Academic Honors & Memberships: Dean's List 10 times ... 2005 *ESPN The Magazine* Second Team Academic All-American ... three-time Academic All-OAC ... three-time *ESPN The Magazine* Academic All-District IV ... two-time recipient of a Presidential Leadership Award ... Honor's Scholarship ... Omicron Delta ... Beta Beta Beta.

Athletic Honors: earned All-America honors as both a DB and kick returner ... three-time All-OAC ... became the first player in ONU history to participate in the Hula Bowl ... MVP of the 2005 Aztec Bowl ... ONU Career Rankings - third with 13 interceptions, eighth with 231 tackles, second with a 27.43 kickoff return average and is third with 645 punt return yards (51 returns) ... owns or shares five punt return school records and one kickoff return record ... four-time OAC Player-of-the-Week honoree ... led team in pass break-ups each of the last three seasons.

Leadership/Community: volunteers at football and basketball camps for Strasburg School District and with the Special Olympics.

Colleen Groomes

Major: Organizational
Communication
Current GPA: 3.89
Sport: Golf
Varsity Letters: Four
Hometown: Elyria



Academic Honors & Memberships: Dean's List 11 straight quarters ... two-time Academic All-OAC ... two-time *ESPN The Magazine* Academic All-District IV ... two-time NGCA All-American Scholar Athlete ... Mortar Board ... Alpha Lambda Delta ... Torch & Key.

Athletic Honors: helped team to four OAC Tournament titles, a Conference record and 25 total team titles in four seasons ... four-time All-OAC, including medalist honors at the 2005 OAC Tournament ... had 41 top-five finishes ... six-time OAC Player-of-the-Week ... holds the school record for low 36-hole score (159).

Leadership/Community: Student-Athlete Advisory Committee - co-President in 2005 ... OAC Operation GoodSport ... America's Right to Read ... volunteers at local elementary schools and was an assistant coach for the women's golf team at Westerville North in 2003 ... student assistant coach for the OC volleyball team ... was a representative at the 2005 NCAA Division III Regional Leadership Conference.

Adam Richard Rothermel

Major: Molecular Biology
Current GPA: 3.52
Sport: Soccer
Position: Center Midfield
Varsity Letters: Four
Hometown: Columbus



Academic Honors & Memberships: Dean's List eight times ... two-time Academic All-OAC ... E. Jean Willis Life Science Endowed Award ... 2005 *ESPN The Magazine* Academic All-District IV.

Athletic Honors: two-time captain ... helped team to a pair of OAC regular-season titles, one OAC Tournament title and a stop in the Division III National Championship game in 2002 ... played in 77 career games and tallied 14 goals and six assists (34 points).

Leadership/Community: was a teaching assistant for microbiology, cellular biology and general chemistry ... volunteers as a member of the Columbus Medical Association's Youth Advisory Council Board Member, at the CMA Physicians Free Clinic and served as a co-director for "Sports Pals" ... Physician's Free Clinic and Ohio Free Clinics speaker ... Read Across America ... Columbus Medical Associations Volunteer Endowed Award.

Katie Isaacs

Majors: Education/English
Current GPA: 3.78 / 4.00
Sport: Soccer
Position: Defender
Varsity Letters: Four
Hometown: West Chester



Academic Honors & Memberships: Dean's List every semester ... two-time Academic All-OAC ... Green Key ... Order of Omega ... Emery Scholarship recipient ... Student Academic Recognition Award in English ... Presidential Scholarship ... has been accepted into the Purdue University Calumet's 14th annual undergraduate research conference.

Athletic Honors: captain ... two-time First Team All-OAC ... 2004 OAC Defender-of-the-Year ... two-time NSCAA All-Ohio and All-Region ... team Most Valuable Player in 2005 ... helped team to two OAC Tournament titles, back-to-back NCAA "Sweet 16" appearances and an OAC regular-season title.

Leadership/Community: Cardboard City (program to increase awareness of plight and homeless people in Wilmington) ... Wilmington College Quake ... Phi Alpha Psi - vice president.

Joe Maus

Major: Business
Administration
Current GPA: 3.92
Sports: Cross Country/
Track & Field
Events: Middle Distance
Varsity Letters: Four/Four
Hometown: Van Wert



Academic Honors & Memberships: Dean's List every semester ... two-time Academic All-OAC ... three-time USTFCCA Academic All-American ... Green Key ... OAC Scholar-Athlete of the Month ... won Business Department's Top Student Award.

Athletic Honors: Indoor T&F: had a pair of runner-up finishes and a third place in the 800-meter run and was on two OAC champion 4x400 teams ... Outdoor T&F: has a runner-up and third place finish as a member of the 4x800 relay and a relay title as a member of the 4x400 team ... holds indoor school records in the 600-meter run and the distance medley relay ... holds the outdoor school record as a member of the 4x800 relay.

Leadership/Community: member of First United Methodist Church ... volunteer for Health and Fitness Promotions.